



Hope and help for young people who are relatives or friends of a problem drinker.

**ALL MN NORTH ALATEEN
FACE TO FACE MEETINGS
ARE CURRENTLY SUSPENDED UNTIL
FURTHER NOTICE.**

Alateen Link Options:

Greater Minneapolis & St. Paul Area
www.al-anon-alateen-msp.org

Minnesota South Area.org
www.minnesotasouth-al-anon.org

World Service Office (WSO)
www.al-anon.org/al-anon-meetings/find-a-alateen-meeting

Children and teens looking for help are welcome to all Al-Anon meetings!

God grant me the
Serenity
To accept the things I cannot change,
Courage
To change the things I can, and
Wisdom
To know the difference



Hope and help for families and friends of Alcoholics.

AL-ANON IS a worldwide organization that offers a self-help recovery program for the families and friends of alcoholics, whether or not the alcoholic seeks help or even recognizes the existence of a drinking problem. Members give and receive comfort and understanding through a mutual exchange of experiences, strength and hope. Sharing of similar problems binds individuals and groups together in a bond that is protected by a policy of anonymity.

AL-ANON IS NOT a religious organization or a counseling agency. It is not a treatment center, nor is it allied with any other organization offering such services. Al-Anon Family Groups, which include Alateen for teenage members, neither express opinions on outside issues nor endorse any outside enterprises. No dues or fees are required. Membership is voluntary, requiring only that one's own life has been affected by someone else's drinking problem.

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AL-ANON FAMILY GROUPS



Hope and Help

...we understand as few others can...

MEETING SCHEDULE (by City)
FOR
AL-ANON and ALATEEN

DISTRICT 6
Aitkin, Baxter,
Brainerd, Ironton,
Little Falls, Long Prairie,
Malmo, Nisswa, Wadena

World Service Office (WSO)
Al-Anon Family Group (AFG)
Headquarters, Inc.
1600 Corporate Landing Parkway
Virginia Beach, VA 23454-5617
www.al-anon.org

For meeting information in the
U.S. and Canada
call 1-888-4AL-ANON
1-888-(425-2666)
(Mon – Fri 8AM-6PM EST)
Or visit

Minnesota North Website:
www.minnesotanorth-al-anon.org

AITKIN

#30791259
Monday Morning AFG **10:30 AM**
Aitkin Alano Club WA*
322 1st Ave NE Aitkin

#500700
Recovery Thru 12 X 12 AFG Thu **6:30 PM**
Aitkin Alano Club WA*
322 1st Ave NE Aitkin

BAXTER

#38849
Baxter Step by Step AFG Tue **7:00 PM**
Lakes Area Alano Club WA*
7829 Highway 210 Baxter

#53048
Early Bird AFG Wed **7:00 AM**
Lakes Area Alano Club WA*
7829 Highway 210 Baxter

#7186
Thursday Night AFG **6:30 PM**
Lord of Life Lutheran Church WA*
6190 Fairview Rd N Baxter

#30721076
Fri Night Steps to Recovery AFG **7:00 PM**
Lakes Area Alano Club WA*
7829 Highway 210 Baxter
ZOOM OPTION AVAILABLE

BAXTER (cont.)

#64928
Help & Hope AFG Sat **9:30 AM**
Lakes Area Alano Club WA*
7829 Highway 210 Baxter

BRAINERD

#501864
Serenity AFG Mon **6:30 PM**
Upfront Alano Club
302 4th Ave NE Brainerd

IRONTON

#7271
Monday Night Miracles **6:30 PM**
Cuyuna Range Alano Club
249 Curtis Avenue Ironton

LITTLE FALLS

#30826241
Thursday Serenity AFG **6:30 PM**
First Lutheran Church WA*
2100 Riverview Dr Little Falls

***WA=Wheelchair Accessible**

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LONG PRAIRIE

#30534034
Long Prairie AFG Tues **7:00 PM**
Trinity Lutheran Church Room 4 (upstairs)
610 2nd Ave SE Long Prairie
Note: Except, 1st Tuesday of the
Month, we meet at the Alano Club
& attend the AA Open Meeting.
It is their medallion/speaker night.
Alano Building 21 2nd St N Long Prairie

MALMO

#65387
Malmo AFG Monday **7:00 PM**
Bethesda Lutheran Church WA*
21590 State Hwy 47 Malmo

NISSWA

#30563294
Nisswa At Noon AFG Monday
St. Christopher's Catholic Church
619 Church Street Nisswa
Meeting in church basement

WADENA

#49570
Wednesday Noon AFG
Wadena Alano Club
421 NW 4th St Wadena
Contact email:
wadenawednesdaynoonafg@gmail.com