

**September 6-8, 2024**

**Park Rapids, Minnesota**



**33rd Annual  
HEARTLAND ROUND-UP**

**September 6,7,8 - 2024**

The beautiful Northern Pines Assembly Grounds is situated on a 40-acre site on the east shore of Fish Hook Lake in Park Rapids, MN.

Known as the 'Heartland of Northern Minnesota' this area is the ideal setting for an inspiring weekend of AA-Alanon fun & fellowship.

**REGISTER EARLY! 701.642.1861**

**FRIDAY, SEPTEMBER 6**

- 3:00 pm .....Registration Opens
- 6:00 - 7:00 pm .....Sandwich Bar
- 8:30 pm ..... AA Speaker - Jack W. - Carbondale, CO
- 10:30 pm .....Campfire Call-Up meeting

**SATURDAY, SEPTEMBER 7**

- 8:00 - 9:00 am .....Breakfast
- 10:00 am.....Al-Anon Speaker - Vicky A. - Blaine MN
- 11:30 - 12:30 pm..... Lunch
- 1:00 - 2:15 pm .....AA Speaker - Tonya M. - Sergeant Bluffs, IA
- 2:45 - 3:30 pm .....AA Workshop - Joe C. - San Diego, CA  
"Leadership in AA: Ever a Vital Need"
- 3:45 - 4:30 pm .....Workshop - Jack W. - Carbondale, CO  
"Traditions"
- 3:45 - 4:45 pm .....Al-Anon Meeting
- 5:30 - 6:30 pm .....Dinner
- 7:30 pm .....AA Speaker - Joe C. - San Diego, CA
- 9:30 pm .....Dance Music by "Big Show Entertainment"

**SUNDAY, SEPTEMBER 8**

- 8:00 - 9:00 am .....Breakfast
- 10:00 am ..... AA Speaker - Will M. - Sioux City, IA
- 11:30 - 12:30 pm .....Lunch
- 3:00 pm .....Check-out



# A Weekend of Fun and Fellowship!



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