



Hope and Help for Young People who are the relatives  
and Friends of a Problem Drinker

## ALATEEN MEETINGS

**FACE-TO-FACE ALATEEN MEETINGS  
ARE CURRENTLY SUSPENDED  
UNTIL FURTHER NOTICE.**

**Click a link below for Alateen options:**

Greater Minneapolis & St. Paul Area  
[www.al-anon-alateen-msp.org](http://www.al-anon-alateen-msp.org)

Minnesota South Area  
[www.minnesotasouth-al-anon.org](http://www.minnesotasouth-al-anon.org)

World Service Office (WSO)  
[www.al-anon.org/al-anon-meetings/find-an-alateen-meeting](http://www.al-anon.org/al-anon-meetings/find-an-alateen-meeting)

***Children and teens looking  
for help are welcome to all  
Al-Anon meetings!***

God grant me the  
**Serenity**  
To accept the things I cannot change,  
**Courage**  
To change the things I can, and  
**Wisdom**  
To know the difference.

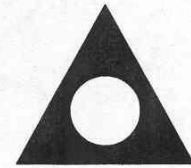


Hope and help for families and friends of alcoholics

**AL-ANON IS** a worldwide organization that offers a self-help recovery program for the families and friends of alcoholics, whether or not the alcoholic seeks help or even recognizes the existence of a drinking problem. Members give and receive comfort and understanding through a mutual exchange of experiences, strength, and hope. Sharing of similar problems binds individuals and groups together in a bond that is protected by a policy of anonymity.

**AL-ANON IS NOT** a religious organization or a counseling agency. It is not a treatment center, nor is it allied with any other organization offering such services. Al-Anon Family Groups, which include Alateen for teenage members, neither express opinions on outside issues nor endorse any outside enterprises. No dues or fees are required. Membership is voluntary, requiring only that one's own life has been affected by someone else's drinking problem.

## AL-ANON FAMILY GROUPS



**Hope and Help**  
...we understand as few others can

### **MEETING SCHEDULE For AL-ANON and ALATEEN**

#### **District 6**

Aitkin, Backus, Baxter, Brainerd,  
Crosby/Ironton, Long Prairie, Malmo,  
Nisswa, Wadena

World Service Office (WSO)  
Al-Anon Family Group Headquarters, Inc.  
1600 Corporate Landing Parkway  
Virginia Beach, VA 23454-5617  
[www.al-anon.org](http://www.al-anon.org)

For meeting information in the U.S. and  
Canada call **1-888-4AL-ANON**  
(Mon – Fri 8am and 6pm ET)

**Minnesota North Website:**  
[www.minnesotanorth-al-anon.org](http://www.minnesotanorth-al-anon.org)

## **District 6**

### **Al-Anon Meetings**

#### **AITKIN**

***Aitkin Alano Club - WA***  
**322 1<sup>st</sup> Ave NE**

**THURSDAY 6:30 PM**  
**Recovery Thru 12 X 12 AFG**  
Contact Mary Jo 218-549-3237

**MONDAY 10:30 AM**  
**Monday Morning AFG**  
Contact Jeanne J. 218-343-6410

#### **BACKUS**

***Emmanuel Lutheran Church***  
**603 MN Hwy 371**

**TUESDAY 7:30 PM**  
**Backus Tuesday AFG**  
Contact Mary Jo 218-682-2583

#### **BRAINERD**

***Upfront Alano Club***  
**302 4<sup>th</sup> Ave. NE**

**MONDAY 6:30 PM**  
**Serenity AFG**  
Contact Chris (218) 829-2459

#### **CROSBY/IRONTON**

***Cuyuna Range Alano Club***  
**249 Curtis Ave Iron-ton**

**MONDAY 6:30 PM**  
**Monday Night Miracles**  
Contact Mike 952-237-7343

#### **BAXTER**

***Lakes Area Alano Club - WA***  
**7829 Highway 210 Baxter**

**TUESDAY 7:00 PM**  
**Step by Step AFG**  
Contact Bruce S. 218-828-4555

**WEDNESDAY at 7:00 AM**  
**Early Bird AFG**  
Contact Jane B. 218-821-8267

**FRIDAY 7:00 PM**  
**Friday Night Steps to Recovery AFG**  
ZOOM OPTION AVAILABLE  
Contact Tracie B. 218-296-1123

**SATURDAY 9:30 AM**  
**Help & Hope AFG**  
Contact Bruce S. 218-828-4555

***Lakewood Evangelical Free Church***  
**6284 Fairview Rd N Baxter**

**WEDNESDAY 12 Noon**  
**Keep it Simple AFG**  
Contact email - keepitsimple@gmail.com

**THURSDAY 6:30 PM**  
**Thursday Night AFG**  
Contact Diana 218-851-5774

***Lord of Life Lutheran Church - WA***  
**6190 Fairview Rd N Baxter**

**FRIDAY at 6:30 PM & 7 PM**  
**Friday Family & Friends AFG**  
**NEWCOMER'S** meeting 6:30PM  
Regular meeting 7:00PM  
Contact Tiffany 218-839-3167

#### **LONG PRAIRIE**

***Trinity Lutheran Church***  
**610 2<sup>nd</sup> Ave SE**

**TUESDAY 7:00 PM\***  
**Long Prairie AFG**  
\*NOTE - 1<sup>ST</sup> Tuesday of every month this meeting joins the AA speakers meeting at the  
***Alano Club***  
**21 2<sup>ND</sup> Street North**  
Contact Terri Jo 320-732-2177

#### **MALMO**

***Bethesda Lutheran Church - WA***  
**21590 State Hwy. 47**

**MONDAY 7:00 PM**  
Contact Tom 320-630-4257

#### **NISSWA**

***St. Christopher's Catholic Church***  
**619 Church Street**  
**Meeting in church basement**

**MONDAY 12 Noon**  
**Nisswa At Noon AFG**  
Contact Lorraine B. 805-284-3948

#### **WADENA**

***Wadena Alano Club***  
**421 NW 4<sup>th</sup> St.**

**WEDNESDAY 12:00 PM**  
**Wednesday Noon AFG**  
Contact Connie B 701-212-9494