



Hope and Help for Young People who are the relatives
and Friends of a Problem Drinker

ALATEEN MEETINGS

BRAINERD

Monday at 6:30 P.M.

Contact Dixie 218-828-4618

Please call contact for Alateen
Meeting locations.

***Children and teens
looking for help are
welcome to all Al-Anon
meetings!***

God grant me the

Serenity

To accept the things I cannot change,

Courage

To change the things I can, and

Wisdom

To know the difference.

WA=Wheelchair Accessible

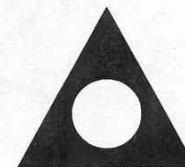


Hope and help for families and friends of alcoholics

AL-ANON IS a worldwide organization that offers a self-help recovery program for the families and friends of alcoholics, whether or not the alcoholic seeks help or even recognizes the existence of a drinking problem. Members give and receive comfort and understanding through a mutual exchange of experiences, strength, and hope. Sharing of similar problems binds individuals and groups together in a bond that is protected by a policy of anonymity.

AL-ANON IS NOT a religious organization or a counseling agency. It is not a treatment center, nor is it allied with any other organization offering such services. Al-Anon Family Groups, which include Alateen for teenage members, neither express opinions on outside issues nor endorse any outside enterprises. No dues or fees are required. Membership is voluntary, requiring only that one's own life has been affected by someone else's drinking problem.

AL-ANON FAMILY GROUPS



Hope and Help

...we understand as few others can

MEETING SCHEDULE For AL-ANON and ALATEEN

District Six

Aitkin, Backus, Baxter, Brainerd,
Crosby/Ironton, Crosslake,
Eagle Bend, Garrison, Little Falls,
Long Prairie, Malmo, Nisswa,
Staples, Wadena

Al-Anon Family Group Headquarters,
Inc.,

1600 Corporate Landing Parkway,
Virginia Beach, VA. 23454-5617

For meeting information in the U.S. and
Canada call **1-888-4AL-ANON**

(between 8am and 6pm ET

Monday – Friday)

WSO Website:

www.al-anon.alateen.org

Minnesota Website:

<http://minnesotanorth-al-anon.org>

AL-ANON MEETINGS

AITKIN

Aitkin Alano Club, 322 1st Ave. NE
THURSDAY at 6:30PM WA
Contact Mary Jo (218) 549-3237

BACKUS

Emmanuel Lutheran Church
603 MN Hwy 371, Backus
TUESDAY at 7:30 PM
Contact Mary Jo. 218-682-2583

BAXTER

!!! NEW LOCATION !!!

Lord of Life Lutheran Church
6190 Fairview Rd N

FRIDAY NEWCOMERS meeting @ 6:30PM
Followed by **Regular meeting @ 7:00PM WA**
Contact Carol M (218) 838-0422

Lakes Area Alano Club, 7829 Highway 210
(next to the Harley-Davidson dealer)

TUESDAY at 7:00PM WA
Bruce S. (218) 828-4555

WEDNESDAY at 7:00 AM WA
Contact Jane B. 218-821-8267

SATURDAY at 9:30AM WA
Contact Dixie (218) 828-4618 or
Bruce S. (218) 828-4555

BRAINERD

Upfront Alano Club, 302 4th Ave. NE
MONDAY at 6:30PM
Contact Doris (218) 831-3505
THURSDAY at 6:30PM
Contact Diana (218)851-5774

CROSBY/IRONTON

Cuyuna Range Alano Club, Ironton
249 Curtis Avenue, Crosby
MONDAY at 6:30 PM
Monday Night Miracles
Contact Sandra W. 218-927-3857

CROSSLAKE

Immaculate Heart Church
35208 Co. Road 37
Basement Classroom
Thursday at 7:00PM WA
Contact Mary 218-821-4621 or
Kim 218-280-8905

EAGLE BEND

Faith Lutheran Church, 300 Main Street West
SUNDAY at 7:00 PM
****2nd SUNDAY OF EVERY MONTH THIS MEETING JOINS**
THE AA MEETING AT THE EAGLE BEND CITY HALL
@108 MAIN ST W, EAGLE BEND, MN **
Eagle Bend Easy Does It
Contact Tammy 218-738-6752 or
320-766-7725

GARRISON

Community Alliance Church
9475 Jefferson Street, Garrison
WEDNESDAY 7:30 PM
Contact William 320-692-4381 or
Barb 218-838-9165

LITTLE FALLS

TUESDAY, NOON
Alano Club
601 5th Avenue NW, Little Falls
Contact Jan E 320-260-7642
THURSDAY 7:00 PM
St Gabriel's Hospital Healy Room
815 2nd St SE, Front Entrance
Contact Bea 320-632-8090 or
Greg S. 320-632-3969

LONG PRAIRIE

Trinity Lutheran Church, 610 2nd Ave. SE
****TUESDAY 8:00 PM****
****1ST TUESDAY OF EVERY MONTH THIS MEETING JOINS**
THE AA SPEAKERS MEETING AT THE ALANO CLUB
@ 21 2ND STREET NORTH LONG PRAIRIE, MN**
WEDNESDAY 2:00 PM
Contact Gail M. 320-732-3489 or
Terri Jo 320-732-2177

MALMO

Bethesda Lutheran Church, 21590 State Hwy. 47
MONDAY at 7:00PM WA
Contact Tom (320) 676-8203

NISSWA

St. Christopher's Catholic Church
Christopher's House at 619 Church Street
MONDAY at NOON
Contact Melody B. 218-851-1029 or
Dan Y. 952-240-9700
TUESDAY at 7:00PM
Timberwood Church, 23084 Hwy 371
Contact Jen B. 218-825-3963 or
Pattie P 218-330-6150

WADENA

Wadena Alano Club, 421 NW 4th St.
WEDNESDAY at 12:00PM
Contact Connie B 701-212-9494
Saturday at 9:30 AM
Contact Sue B. 218-539-0494 or
Tracie B. 218-296-1123